# Frozen Spinach

Chopped · Whole leaf

Origin: Egypt

Available in Wadi ElNile, Mazraty and Fontana, or under your own brand.




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| **Product name** | Frozen Spinach · WN-SP-06 |
| **Latin name** | *Spinacia oleracea* |
| **Brands** | Wadi ElNile · Mazraty · Fontana · or buyer's private label |
| **Freezing method** | IQF · frozen block |
| **Sizes or grades** | Grade A · B |
| **Cut** | Chopped · whole leaf · washed and sorted |
| **Composition** | Single ingredient: 100% spinach |
| **Blanched before freezing** | No |
| **Ingredients** | Spinach. |
| **Ice glaze** | No ice glaze (0%) — IQF pieces are frozen without a water glaze |
| **Nutrition per 100 g** | Energy 23 kcal · Total fat 0.4 g · Saturated fat 0.1 g · Trans fat 0 g · Cholesterol 0 mg · Sodium 79 mg · Total carbohydrate 3.6 g · Dietary fibre 2.2 g · Total sugars 0.4 g · Protein 2.9 g |
| **Allergens** | None. The ingredients contain no allergens. Cross-contact information on request. |
| **Pack sizes** | Retail 400 g · 1 kg \| Foodservice 1 kg · 2.5 kg \| Bulk 10 · 20 · 25 kg \| Totes 350 · 500 kg |
| **Carton** | 8 kg carton = 20 × 400 g or 8 × 1 kg · 18 × 28 × 38 cm \| 10 kg carton = 4 × 2.5 kg |
| **Pallet** | 120 × 100 cm · 125 cartons of 8 kg = 1 t net |
| **Container loading** | 20 ft reefer: floor-loaded about 1,100 cartons · about 11 t \| palletised (120 × 100 cm) about 10 pallets · about 10 t — 40 ft reefer: floor-loaded about 2,400 cartons · about 24 t \| palletised (120 × 100 cm) about 20 pallets · about 20 t. Approximate; exact details are fixed at the final agreement. |
| **Storage and shelf life** | −18 °C or colder · shelf life up to 18 months · do not refreeze once thawed |
| **HS code** | 0710.30 (indicative) |
| **Spec version and review date** | WN-SP-06-TS v1.2 · 2026-10-24 |

Wadi ElNile Establishment for Food Trading · +201027904536 · info@wadielnilefoods.com · wadielnilefoods.com
Nutrition values are indicative, subject to laboratory confirmation. Final specifications and prices are confirmed in writing with each order.