Frozen Mixed Vegetables

Peas · Carrots · Green beans

Origin: Egypt

Available in Wadi ElNile, Mazraty and Fontana, or under your own brand.



Product name	Frozen Mixed Vegetables · WN-MV-10
Latin name	*Pisum sativum · Daucus carota · Phaseolus vulgaris*
Brands	Wadi ElNile · Mazraty · Fontana · or buyer's private label
Freezing method	IQF (individually quick frozen)
Sizes or grades	To your spec
Cut	Whole peas · carrot dices · cut green beans
Composition	Green peas 40% · carrots 30% · green beans 30% (standard mix; any other recipe on request)
Blanched before freezing	No
Ingredients	Green peas, carrots, green beans.
Ice glaze	No ice glaze (0%) — IQF pieces are frozen without a water glaze
Nutrition per 100 g	Energy 65 kcal · Total fat 1 g · Saturated fat 0 g · Trans fat 0 g · Cholesterol 0 mg · Sodium 35 mg · Total carbohydrate 13 g · Dietary fibre 2 g · Total sugars 3 g · Protein 3 g
Allergens	None. The ingredients contain no allergens. Cross-contact information on request.
Pack sizes	Retail 400 g · 1 kg | Foodservice 1 kg · 2.5 kg | Bulk 10 · 20 · 25 kg | Totes 350 · 500 kg
Carton	8 kg carton = 20 × 400 g or 8 × 1 kg · 18 × 28 × 38 cm | 10 kg carton = 4 × 2.5 kg
Pallet	120 × 100 cm · 125 cartons of 8 kg = 1 t net
Container loading	20 ft reefer: floor-loaded about 1,100 cartons · about 11 t | palletised (120 × 100 cm) about 10 pallets · about 10 t — 40 ft reefer: floor-loaded about 2,400 cartons · about 24 t | palletised (120 × 100 cm) about 20 pallets · about 20 t. Approximate; exact details are fixed at the final agreement.
Storage and shelf life	−18 °C or colder · shelf life up to 18 months · do not refreeze once thawed
HS code	0710.90 (indicative)
Spec version and review date	WN-MV-10-TS v1.2 · 2026-10-24

Wadi ElNile Establishment for Food Trading · +201027904536 · info@wadielnilefoods.com · wadielnilefoods.com
Nutrition values are indicative, subject to laboratory confirmation. Final specifications and prices are confirmed in writing with each order.